

Roz Savage MBE

If **drive, resilience, and courage** could be bottled and sold, the name Roz Savage would be on the label. This multiple record-breaker personifies those attributes, leaving audiences on the edge of their seats as she shares the extraordinary stories of her epic adventures on the “Big Three” oceans.

Did You Know?

▶ Appointed Member of the Order of the British Empire by Queen Elizabeth II, for her services to fundraising and the environment.

▶ Roz holds 4 Guinness World Records for ocean rowing, including first woman to row solo across the Atlantic, Pacific and Indian Oceans.

▶ Founded The Sisters, a global network of women and organisations, working together to create a more peaceful and sustainable future.

As the first (and so far only) woman to row solo across the Atlantic, Pacific, and Indian oceans, Roz spent months alone at sea, contemplating challenges facing humanity while raising awareness of environmental issues. Working previously as a management consultant, Roz quit her job, and committed to crafting a life of greater meaning and purpose. A captivating storyteller, Roz shares her unbelievable experiences with audiences worldwide touching on **topics of resilience, navigating uncharted waters and finding magic outside your comfort zone.** She also offers **practical pointers on how to build a life worth living** by discovering true purpose, a sense of belonging, and the knowledge that we leave a world a bit better than we found it.

Since she rowed her last ocean in 2011, Roz has completed a doctorate on the challenges facing humanity as we try to shift to sustainable ways of living. Her research formed the basis of her 4th book, *The Ocean in a Drop: Navigating from Crisis to Consciousness*, released in November 2022. Roz is also dipping her toe into political waters as a way to bring about positive, practical change.

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SPEAKING
SHOWREEL 

“ Roz’s story ignites teams to tap into their core potential, because at the heart of Roz’s message is that ordinary people can achieve extraordinary things. ”

Chief Relations Officer, Heineken

“ We were blown away by Roz’s story, journey, and how she relayed it all to the audience in a way for them to apply it to themselves...it was simply amazing. Thanks to Roz for agreeing to come speak. We got so much positive feedback post the breakfast and I personally have been inspired ALL DAY. ”

Managing Director, Credit Suisse

