

Ben Ryan

performance authority, world-class champion, trust adviser, success coach

Ben Ryan brings the kind of A-game and stage presence event organisers crave. His insights into the mindful development of people, open communication, and how to create positive cultures are truly legendary. He shares with companies world-wide the most effective ways to channel motivation and unlock peak performance within teams.

Ben's extraordinary experience coaching the Fiji Rugby 7s team to their gold medal at the Rio Olympics provides rich learnings and the kind of insights and messages that are

applicable to any organisation or team. In his keynotes, Ben highlights essential factors for establishing and sustaining the right psychological climate that cultivates success and true engagement, including the critical need to collaboratively align values and vision with courageous conversations. He discusses the importance of adaptive leadership, agile responsiveness to tap into the deepest areas of personal potential, as well as effective ways to build trust. In order to thrive in today's competitive world, leaders must be able to mobilise all their resources and utilise

the techniques that bring out the very best from every team member. As author of bestseller *Sevens Heaven: The beautiful chaos of Fiji's Olympic dream*, Ben shares the amazing journey from Pacific island sand dunes to gold medal history, revealing the authentic lessons required for developing empowered teams and champions. Ben's methods help companies and audiences to maximise performance both personally and in business, resulting in even more meaningful outcomes - and a great big dose of passion along the way.

5 THINGS YOU MIGHT NOT KNOW ABOUT BEN RYAN

1. His audiences include leaders and product teams at some of the largest automotive, communications and technology companies in the world;
2. His face and historic gold medal (the first medal of any kind for Fiji) moment are depicted on both the Fijian .50 cent piece and the seven-dollar bill;
3. He received an SMS from Buzz Aldrin congratulating the Fiji 7s team first ever, Gold Medal win in the Olympics in Rio de Janeiro;
4. Ben was accorded the highest order the prestigious 'Companion of the Order of Fiji' and is the first non-Fijian Chief with eternal land on the island;
5. He is an ambassador for HSBC and Fiji Airways, sharing his life-lessons as consultant and role model for business, world-class sporting and youth organisations.



Speaker Reel: <https://youtu.be/QF98vqDDok0>

Sevens from Heaven Trailer: <http://bit.ly/2gRdrDk>

Jay Shetty interview: <https://bit.ly/2trw9Gp>



Ben absolutely hit the right note and our clients loved him! His session brought the day to a brilliant close; so inspiring and uplifting with some incredibly clear and relevant leadership reflections. It was also so good of Ben to stay behind and chat to all the people - absolutely wonderful!
Bernadette Meier, Learning & Development Manager - (global law firm)

We absolutely recommend Ben for anyone trying to get their leadership teams thinking differently about creating cultures and teams in which individuals can thrive and differences are embraced and championed.

Mike Reynolds, Managing Director - Vattenfall Heat UK Ltd.

